

PROMIS- Anxiety Short Form

Please respond to each item by marking <u>one box per row.</u> In the past 7 days....		Never	Rarely	Sometimes	Often	Always
EDANX1	I felt fearful.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX2	I found it hard to focus on anything other than my anxiety.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX3	My worries overwhelmed me.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX4	I felt uneasy.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX5	I felt nervous.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX6	I felt like I needed help for my anxiety.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX7	I felt anxious.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
EDANX8	I felt tense.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

Scoring:
$$\frac{\text{(Raw sum x number of items on the short form)}}{\text{Number of items that were actually answered}}$$

Raw Score	T-score	SE*
8	37.1	5.5
9	43.2	3.3
10	45.9	2.8
11	47.8	2.5
12	49.4	2.3
13	50.8	2.2
14	52.1	2.1
15	53.2	2.0
16	54.3	2.0
17	55.4	2.0
18	56.4	2.0
19	57.4	2.0
20	58.4	2.0
21	59.4	2.0
22	60.4	2.0
23	61.4	2.0
24	62.5	2.0
25	63.5	2.0
26	64.5	2.0
27	65.6	2.0
28	66.6	2.0
29	67.7	2.0
30	68.7	2.0
31	69.8	2.0
32	70.8	2.0
33	71.9	2.0
34	73.0	2.0
35	74.1	2.0
36	75.4	2.0
37	76.7	2.1
38	78.2	2.3
39	80.0	2.6
40	83.1	3.4

*SE = Standard Error

Pilkonis, P.A., Choi, S.W., Reise, S.P., Stover, A.M., Riley, W.T., Cella, D., on behalf of the PROMIS Cooperative Group. (2011). [Item banks for measuring emotional distress from the Patient-Reported Outcomes Measurement Information System \(PROMIS\): depression, anxiety, and anger](#). Assessment, 18(3), 263-283.